

Name: Elise Petruska

Date: _____

DIRECTIONS: Please check each box that applies to you and total the number of checks for each section.

Section I: Study Motivation

1. Do you usually do only enough to get a passing grade in your class? ☐
2. Do you believe that academic work only takes time away from other things you would rather be doing? ☐
3. Do you believe that having a good time outside of school is more important than studying? ☐
4. Do you lose interest in most of your classes after a few days or weeks? ☐
5. Do you often spend class time daydreaming or sleeping instead of listening to the teacher? ☐
6. Are you unable to devote time to your studies because of boredom, restlessness, or lack of interest? ☒
7. Is your study hit-or-miss depending on your moods? ☒
8. Do you feel that the classes you have taken will not prepare you to get a job/prepare you for college? ☐
9. Do you seriously think about dropping out of school and getting a job? ☐
10. Are you undecided about your educational goals? ☐
11. Do you dislike reading for class because you find it dull and boring? ☒
12. Do you wait until a day or two before a test to read your assignments and review your notes? ☐
13. Do you believe that you are taking classes that have little practical value to you? ☐
14. Do you feel that your teachers demand too much work from you? ☐
15. Do you usually hesitate to ask your teachers for help with difficult assignments? ☒
16. Do you have to understand the purpose or aim of the assignment in order to feel like you need to actually do it? ☐

Total: 4/16

Section II: Study Organization

1. Do you usually wait until the last minute to prepare reports or papers? ☐
2. Do you usually wait a day or more before reviewing your notes? ☒
3. Do you frequently go to class too tired or too sleepy to study or pay attention effectively? ☐
4. Do athletic/outside activities often cause you to neglect your coursework? ☐
5. Do you often fail to complete homework assignments on time? ☒
6. Do you sometimes get behind in one class because you have to study for another? ☒
7. Do you frequently spend time watching television, listening to music, reading magazines, playing video games when you should be studying? ☐
8. Do you seem to spend a lot of time studying but accomplishing very little? ☐
9. Do you sometimes discover that you have fallen asleep while studying? ☐
10. Do you keep photographs, pictures, clutter, and/or litter on your desk or study table? ☐
11. Does the lighting in your study area shed enough light so that you don't have to squint to see what you're doing? ☒
12. Do visitors/telephone calls often interrupt you when you are trying to study? ☐
13. Do you take several long breaks when you study? ☐
14. Do you usually study with a television, I-pod, or radio playing? ☒
15. Is your studying often disturbed by people or noise outside your room or space? ☐
16. Do you often find that you cannot complete your studying because the books and study materials you need are missing? ☐

Total: 5/16

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Section III: Study Techniques

1. Do you usually read class materials only before the test?
2. Do you normally begin reading an assignment before looking ahead at the unit headings and illustrations?
3. Do you get behind in your note-taking because you can't write fast enough?
4. Do you often have difficulty making sense of your notes?
5. Do you try to copy lectures word for word? ✓
6. Do you frequently have difficulty picking out the important points in your reading assignments? ✓
7. Do you have great difficulty selecting topics for reports?
8. Do you usually prepare an outline for papers or reports before you actually do them?
9. Do you prepare for tests by trying to memorize definitions, rules and formulas that you do not understand?
10. Are you confused by most multiple-choice tests?
11. Do you usually run out of time when taking essay tests? ✓
12. Do you have difficulty organizing your study material into logical units?
13. Do you frequently lose points for not carefully checking your answers before turning them in?
14. Do you often lose points on true-false tests because you misread the questions? ✓
15. Do you frequently daydream while studying for a test?
16. Do you depend primarily on last-minute cramming to prepare for tests?

Total: 4/16

Total Number of Checks for:

Study Motivation: 4
Study Organization: 5
Study Techniques: 4
Total number of Checks: 13